



### Dear Students and Families,

When parents talk to me about the growth and development of their child over the years at Cooke, from Kindergarten through adulthood, they often use words like "magic," or "incredible" to describe the metamorphosis they witness. As their child learns, grows, develops, and cultivates new interests and advocates for themselves, it may seem like magic from the outside. But from my vantage point, I see all the planning, teaching, off-site educational experiences, and collaboration with parents to get our students to the finish line—only to find that the finish line never ends and that lifelong learning is the goal and reward of a Cooke education.

To help peel back the curtain a bit on how this happens, especially the confidence-building and vocational readiness skills we instill in students, we should look at the concept of Transitions programming (which includes adaptive skills, social-emotional readiness, internships, academics, and the arts) as part of a continuum. Transition services start in Kindergarten and progress incrementally over time. Every teacher and clinician plays a role, from teaching functional math like counting to managing internship checks and banking; from using words to tell stories to using them in mock interviews for employment; and from making new friends based on shared interests to advocating for their wants and needs as adults. During every phase, students are supported by members of the Cooke community: teachers, clinicians, staff members, internship supervisors, and family members.

Our students' trajectory after graduation is as varied as they are. First and foremost, we cherish and value the children who find a home at Cooke, and we work with parents, community partners and supportive internship hosts to expand their skills and educational options in multiple directions. That's the transformative value of our transitions work—work that Cooke has helped shape and define within the educational landscape since its inception.

Please enjoy the following stories illustrating what a path to independence looks like at Cooke. Have a happy and productive school year!

Warm regards,

### Dr. Francis Tabone

Cooke Head of School





Sunday	Monday	Tuesday	Wednesday	Thursday 	Friday	Saturday
1	2 LABOR DAY School Closed	3	4	5	STUDENT ORIENTATION & ICE POP SOCIAL Madison Avenue NEW STUDENT ORIENTATION Transitions	7
8	FIRST DAY OF SCHOOL All Students	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25 BACK TO SCHOOL NIGHT Transitions	26 BACK TO SCHOOL NIGHT Madison Avenue	27	28
29	30			I he pro	wanted to share the love ad as a child with my stuce ogress in the short time the ey overcame their fears all ond with their horses!"—C	dents. I saw so much at they took lessons. nd really developed Cooke Middle School



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	ROSH HASHANAH School Closed	ROSH HASHANAH School Closed	5
6	7	8	9	10	STAFF DEVELOPMENT Noon Dismissal PARENT WORKSHOP Madison Avenue	12
13	INDIGENOUS PEOPLES DAY School Closed	15	16	17 FAMILY FORUM	18	19
20	21	22	23	PARENTS SOCIAL K-12 Madison Avenue	25 FALL DANCE Grades 9-12	26
27	28	29	30	31		



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					DIWALI School Closed	2
3	4	STAFF DEVELOPMENT/ ELECTION DAY No Students	POST ELECTION DAY PARTY Transitions	7	PARENT WORKSHOP Madison Avenue	9
10	PARENT TEACHER CONFERENCES (REMOTE) No Students	PARENT TEACHER CONFERENCES Noon Dismissal	13	14	FALL PSA MOVIE NIGHT Madison Avenue	16
17	18	19	20	21	22	23
24	<b>25</b>	26	Noon Dismissal POTLUCK Transitions	28 THANKSGIVING School Closed	29 THANKSGIVING School Closed	30



Sunday	Monday	Tuesday	Wednesday	Thursday 	Friday	Saturday
1	2	3	4	5	RING CEREMONY Grade 12	7
8	9	10	11	12 FAMILY FORUM	HOLIDAY PARTY Transitions PARENT WORKSHOP Madison Avenue	14
15	16	17	18	19	20	21
22	23 WINTER BREAK School Closed	24 WINTER BREAK School Closed	25 WINTER BREAK School Closed	26 WINTER BREAK School Closed	27 WINTER BREAK School Closed	28
29	30 WINTER BREAK School Closed	31 WINTER BREAK School Closed	A year-end d	SUPPORT YOUR SCHOOL lonation by December 31 tible contribution on your	qualifies as a	

As beautiful as our school building on Madison **Avenue is**—located blocks from the Central Park Conservancy, it is beautiful!—much of the important work happening at Cooke School occurs outside the walls of the classroom. Cooke students traverse the five boroughs frequently and boundlessly. From Day One, they have opportunities to discover their passions and expand their worldview at venues like the Hayden Planetarium in the American Museum of Natural History (AMNH), the Congo Gorilla Forest at the Bronx Zoo, and the Metropolitan Museum of Art's Temple of Dendur. Cooke programming makes full use of the resources available to active, contributing citizens of the best city on the planet. More than mere field trips, these offsite learning adventures are woven seamlessly into Cooke's academic curriculum.

Robust off-site learning is also vital in preparing for a life of independence. Our graduates feel confident navigating the city because they have spent so much time there. Since Kindergarten, they have benefited from the structure and support of personalized coaching on the unwritten rules of engagement out in the community—a full engagement that fosters a lifelong love of learning and comfort in the world.

On a recent trip to the SlooMoo Institute, Lower School students grappled successfully with the hustle-and-bustle of a noisy, fun, open, public play space with the assistance and assurance of their teachers and service providers. Our favorable student-to-teacher ratio options, with the flexibility of an additional floater, give every student the ability to negotiate novel environments.



## PHASE 1

Engaging in the greater NYC community, generalizing skills learned in the classroom



At Cooke, the Upper School represents this liminal space in career development where students receive personalized coaching and the time to embark on a journey of self-discovery. For the first two years of Upper School, that journey includes hands-on career investigation and discovery on campus that points towards their future independence.

For five-seven weeks as Lowerclassmen, they work for several hours a week as internal interns at school. Among their many internship options are to organize art supplies in the art therapy room, or purchase flowers at the market and arrange them into vases for weekly Dollar Days sales to faculty and staff.

Career exploration is organized around six clusters: Culinary, Child Care, Animal Care, Maintenance, Retail, and Clerical, and our students are encouraged to try internships in all of them. At the same time, they are increasing their financial literacy in math class and learning to discern the difference between fact versus opinion in English Language Arts.

Here is an example: Elvis' two-story dwelling in the Vocational Skills Lab is maintained in part by Cooke Upper School interns as an important component of our programming. Through their responsibilities for cleaning the chinchilla's cage, freshening his bedding, and feeding him his hay, students cultivate care skills, empathy, and comfort around animals. They explore their interest in a potential role in the Animal Care profession organically by performing some of the tasks associated with that field.



# PHASE 2

Sampling and learning to perform tasks on campus typically encountered in internships





In Transitions, all of the skill acquisition and real-world experience developed in secondary school comes into play. Expectations and job tasks become more complex than they were in Upper School. Students increase their work hours per week. They make a full year commitment with their internship sponsor for October through June.

With the guidance of Cooke staff and mentors,

Transitions students manage the same challenges
that everyone faces in the workplace: What do I
do when I don't feel like working that day? How
do I advocate for myself if I have a question
about the assigned tasks? What do I need to do
in the morning to arrive on time for work?

In addition, Transition students establish bank accounts for their paycheck deposits and learn to operate ATMs as well as interact with bank personnel regarding transactions or issues with their accounts. They use some of their earnings to enjoy lunch once a week with their school friends at their choice of restaurants sprinkled throughout the West Village near the Transitions campus. With the support of their Community Inclusion Assistant (CIA), students master negotiation of the city's public transportation system. They practice mock employment interviews with internship hosts like Trane.

Prior to graduation, Transitions students are assessed using the Work Readiness Assessment (WRA), setting them up to work successfully in hospitals, offices, and restaurants in a pursuit of the goal of living independently first established in Lower School.





Thomas Brewsher, Transitions Class of 2024, (pictured above) passed the Algebra 1 Regents exam in June and is attending Kingsborough Community College this year.

Transitions students focus
on cultivating their soft
skills in the workplace:
Punctuality, Attendance,
Workplace Attire, Taking
Initiative, Communications Skills, Quality of Work,
Response to Supervision,
Teamwork, Critical Thinking, and Alignment to
Company Culture.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			WINTER BREAK School Closed	School Resumes	3	4
5	6	SCHOOL PICTURE DAY Upper School	SCHOOL PICTURE DAY Lower and Middle School	9	10 PARENT WORKSHOP Madison Avenue	11
12	13	14	15	16 FAMILY FORUM	17	18
19	20  MARTIN LUTHER  KING DAY  School Closed	21	22	23	24	25
26	27 STAFF DEVELOPMENT No Students	28	29 LUNAR NEW YEAR School Closed	30	31	



Manhattan. Beacor " My dream for community of costudio space to	Monday re available for purchase n's Closet is a major supp Cooke Open Studio woul artists with disabilities who o socialize, exhibit, create "— Cooke School Art The	orter of Cooke School.  Id be to establish a have their own art e a career in art or	Wednesday	Thursday	Friday	Saturday
2	3	4	BLACK HISTORY DAY CELEBRATION Transitions	6	PARENT WORKSHOP Madison Avenue	8
9	10	11	12	WINTER CONCERT Lower & Middle School Madison Avenue	14	15
16	PRESIDENT'S DAY School Closed	18 MID-WINTER BREAK School Closed	19 MID-WINTER BREAK School Closed	20 MID-WINTER BREAK School Closed	21 MID-WINTER BREAK School Closed	22
23	24	25	26	27 FAMILY FORUM	28 CULTURAL EXTRAVAGANZA Transitions	THURST TO SECOND



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
chase tickets or to b	s at Cooke's annual Food become a sponsor for this ck out our website at cool	year's foodie paradise o		C.e		1
2	3	4	5	PARENT TEACHER CONFERENCES Noon Dismissal	PARENT TEACHER CONFERENCES (REMOTE) No Students	8
9	10	11	12	13	14 PARENT WORKSHOP Madison Avenue	15
16	17	18	19	20 FAMILY FORUM	21 SPRING PSA MOVIE NIGHT Madison Avenue	22
23/30	24 EID School Closed 31	25	26	27	28	29

Lower School students visited the American Museum of Natural History's new Butterfly Vivarium this spring. This off-site educational experience was a natural progression of their study of the life cycle of the butterfly in a project-based program in their science classroom. At Cooke, they cared for caterpillars and chrysalises, and observed their metamorphosis for weeks before setting adult butterflies free in the school's backyard garden.

In the Vivarium, students viewed hundreds of butterflies—up to 80 species!— in flight as well as feeding on rotting fruit platters equipped with magnifying lenses or directly on the nectar in flowers. Rows of live chrysalises were presented for view in the nursery window of the pupae incubator. Curious students also had an opportunity to ask the guide questions about moths and butterflies while she held a giant moth for them to examine.

In addition to augmenting their science knowledge, students also developed social skills in their role as guests of the museum through their interactions with their peers, museum personnel, and the displays.

**APRIL** 



Sunday	Monday	Tuesday	Wednesday 	Thursday 	Friday	Saturday
		1	2	3	STAFF DEVELOPMENT Noon Dismissal	5
SCHOOL MUSICAL Madison Avenue	HEALTH AND WELLNESS DAY Transitions	8		10	PARENT WORKSHOP Madison Avenue	12
13	14 SPRING BREAK School Closed	15 SPRING BREAK School Closed	SPRING BREAK School Closed	SPRING BREAK School Closed	18 SPRING BREAK School Closed	19
20	21	22	23	24 FAMILY FORUM	25 CAREER DAY Transitions	26
27	28	29	30			



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	tiful aut mome soothin	he Sloomoo Institute, stud conomous sensory meridic nts crafted by composer g sounds piped into fur-lin orange, purple, hot pink	on response (ASMR) Pei Pei Chung with ned booths of blue,	1	STAFF DEVELOPMENT Noon Dismissal SPRING FLING Grades 8-12	3
4	5		COOKE FOOD FOR THOUGHT GALA	8	PARENT WORKSHOP Madison Avenue	10
11	12	13	14	15	16 SPRING CONCERT Upper School Madison Avenue	17
18	19	20	21	22 FAMILY FORUM	23	24
25	26 MEMORIAL DAY School Closed	27	28	29	30	31



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	PROM Grades 11-12	EID School Closed	STAFF DEVELOPMENT No Students	7
8	9	10	11	12 MOVING UP CEREMONY Eighth Grade	13 GRADUATION 12th Grade	14
15	16 GRADUATION Transitions	FIELD DAY Transitions	18 LAST DAY ALL STUDENTS Noon Dismissal	19 JUNETEENTH School Closed	20 LAST DAY STAFF	21
22	23	24	25	26	27	28
29	30			A fiscal year-	SUPPORT YOUR SCHOOL! end donation by June 30 ible contribution on your:	qualifies as a



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		FIRST DAY OF SUMMER ACADEMY Madison Avenue	2	3	FOURTH OF JULY Summer Academy Closed	5
6	7	8	9	10/	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 31	25	26	27	28	29	30





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#### **Cooke Transitions**

(Ages 18-21)

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